

THE PULSE OF SPIRIT



EMISSARIES
OF DIVINE LIGHT

RECLAIM YOUR PRIMAL SPIRITUALITY

FEBRUARY 10, 2014

We are each born with an innate, intuitive knowing of the Being within all Creation. We are born with that innate and intuitive knowing of ourselves and other people, all of nature and all of Creation. Children have that innate understanding without having to be taught or told.

As I reflect back on my own childhood, I remember how that awareness pervaded my life. I would bet that we each have those kinds of memories. One memory I recall is being read the Thornton Burgess nature books, very beautiful stories of the creatures of the woodlands. There was reference to Mother Nature, who was a character in the story. It certainly did not take any belief on my part to understand who Mother Nature was. It was my own innate, intuitive knowing that easily accepted that there was a spirit surrounding all the woodland creatures and all of nature that cared for them—Mother Nature.

That is only one small example in my own life. I make reference to it just to assist you to evoke for yourself your own memories of your own innate, intuitive knowing—not a religious belief, but something sensed easily and naturally through the heart. That is how we are made as human beings. We are made to walk upon the earth with that innate and intuitive knowing of Being. And yet the fact is that there has been a major disruption of that knowing in human experience for almost everybody as adults.

How Great Thou Art is a well-known Christian hymn, which is based on a Swedish folk tune. The title, and the reoccurring phrase *How Great Thou Art* evokes honor and love for Universal Being—God by whatever name. I do not seek to diminish what someone else holds sacred, or to contend

with anyone's religious beliefs if, indeed, it is a belief they want to accept for themselves. However, I believe it is important for people who are awakening spiritually to face how religion has disrupted the innate, intuitive knowing that is so natural to us. This hymn evokes a love for Universal Being and then portrays that reality in the most horrifying ways.

*And when I think that God, his son not sparing,
sent him to die, I scarce can take it in
that on the cross, my burden gladly bearing,
he bled and died to take away my sin.*

Really? I am quoting the hymn in hopes that we can appreciate how the human thinking has messed with our intuitive and innate knowing. So I have no desire to pick a fight with the Christian Church, or whoever loves this hymn. But I think it is worth appreciating how religion takes our natural, native spiritual knowing—our primal spirituality—and messes with it in this horrible way. Because how, indeed, would it be possible to open your heart, to be in constant communion with Mother Nature, with Father God, with the reality of Being within all Creation, if the belief about that reality is that it would take its offspring and send it to slaughter? That's the part that messes with your mind and heart.

For some, they may think that they have avoided the problem because they have rejected religion. What I witness is that rejecting religion does not necessarily solve the problem. Because, in the process, the person may have walked away from their own primal spirituality, having had that well poisoned by the false beliefs of religion.

Our contemporary Western culture seems to offer two awful choices. One choice is to worship the God of religious belief and imagination that would slay its offspring. This choice requires a person to contort their own heart enough to believe that such a God is a God of love and a God of grace. Apparently, the second choice is to reject religion and, with it, to reject one's own primal spirituality. Finding that the well has been poisoned, the person walks away from it.

There is a third choice: to walk upon the earth in innocence, rejecting any belief that is not true to one's own innate, intuitive knowing of the creative spirit that is the nature of all things and that is our own nature, embracing our primal spirituality. The reality of Being within us gives us life, generously and freely, always. It does not demand suffering before it will love us or give us life. If we let it, the Being within us offers its life-giving reality to everyone in our life through us. And not even on a choosy basis—not because we like this person or don't like that person, or because we are being particularly nice on a given day, or that we are welling up with some special niceness or

blessing that we are going to offer to somebody else. It is, simply, our primal nature to emanate the life that we are.

That is who we are and that is what we do when this innate and intuitive connection is not disrupted. But we live in a society in which it clearly has been disrupted. Human thinking and feeling have been wrapped into a pretzel by beliefs as strange as this, and other strange and convoluted beliefs about the nature of our own Being.

For those who are particularly inclined to do something about this, there may be a rejection of what is thought of as religion, and then a person may go on what they deem to be a spiritual path, by whatever name. And yet, all too often, that spiritual path is plastering on more convolution on top of the convolution that is already there. More convoluted beliefs. More religious fabrication. A true spiritual path takes a person back to their primal spirituality, to the spirituality with which they were born. The spirituality that would naturally blossom and grow through their life and strengthen if they let it. We are not made only to have the spirituality of a child who can read about Mother Nature in a children's book or who can have a childhood innocence and connection at the level of a child. We are born to let that primal spirituality grow and strengthen in us as an adult, so that it can express with innocence but also with the intelligence and strength of an adult. This is the primal spirituality of our enlightened ancestors—their first nature, our first nature, and really the first nature of humanity. Seeing that that is our first nature, we could well ask, how did it get this way?

As you can tell, I am blaming it partly on religion. But actually there is something behind religion that caused this disruption in human awareness, because, after all, why do people create religion, particularly religion that distorts the nature of Being?

Behind a convoluted religion is a person or a people that has lost their innocence. They have lost their primal spirituality and have turned to sophisticated manipulation of the world to try to achieve happiness. What breaks our primal connection with the Creator and all Creation is an attempt to bend the world to one's own personal will.

You cannot help but do it to another person and to yourself if you are doing it to the natural world around you. If you are manipulating the world, you are manipulating your own humanity and you end up manipulating the people around you. One way this manipulation manifests is as religion. And certainly there has been a horrible manipulation of people in the name of religion. Of course, we have our own modern religions that do not all go by that name, whether it's advertising or money, or media, war, politics or something else.

So what would it mean to you to reclaim your primal spirituality—your own innate, intuitive awareness of the beingness within yourself and all Creation? Here are four steps a person can take:

- Nourish the opportunities in your life to let your heart awareness of Being grow, however that happens best for you.
- Nurture the thoughts that foster and strengthen that heart awareness.
- Protect your heart from erroneous beliefs about who you are and about the people and the world around you.
- Live with gratitude for the wonder of Being.

David Karchere
dkarchere@emnet.org

Copyright © 2014 by Emissaries of Divine Light

*To receive a weekly e-mail with **The Pulse of Spirit**, send an e-mail to emissaries@emnet.org.
Donations to Emissaries of Divine Light are welcome.
To make a contribution to assist in our work, please visit www.emissaries.org*

100 Sunrise Ranch Road ♦ Loveland, CO 80538
970.679.4200 phone 970.679.4248 fax