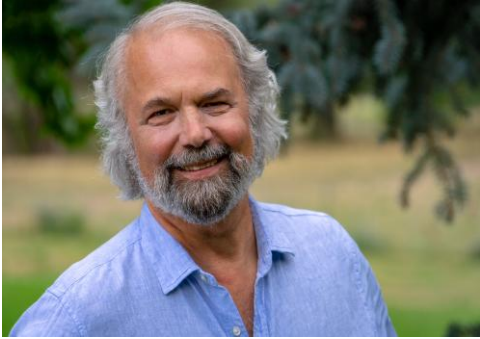


# SEEDS OF LIFE

**Pulse of Spirit**

**May 21, 2026**



**DAVID KARCHERE** is a speaker and workshop leader who assists people to renew their Primal Spirituality—an experience that virtually all human beings know at birth, and that ideally grows as they mature.

Good to feel the cycle together here at Sunrise and in our global field. Here we had a wonderfully intense two weeks with the Korean servers. What a remarkable group of people! And there were deep bonds that were formed.

Here it is, the first Sunday without them here. I miss them already. And yet within that sense of absence is actually connection—vibrational connection, heart connection—that continues. We are here in this field at Sunrise Ranch and around the world to let something happen in *this* field, which we are doing this morning with joy. So good to be with you in that.

I spoke last Sunday about the story of the Seven Days of Creation, proposing that we think about it as something that is relevant for our work together today. It is a mystical description of what we are doing together. Whatever happened back then, is not the point right now. The point is what is happening here. And I pointed out how in our 18 volumes of Uranda and Martin's work that we call the Third Sacred School, there is a whole

volume, Volume Six, that's devoted to the significance of the mystical formula in the Seven Days of Creation. And then, scattered throughout the other volumes, are all the references to it. Once you recognize what you are looking for, there it is, all over.

It is the story of the movement of four elemental forces in the human experience. We need some way of talking about what's happening vibrationally if we are interested in doing something together vibrationally. I am interested in consciously entering the field of Creation with whoever wants to be there, wading into that field to be with my friends and create something magnificent.

The first thing that happens in the process of Creation relates to water. The elemental force of water includes the waters of our hearts. And it is said that there was darkness on the face of the deep and the Spirit of God moved on the face of the waters. *Oh, that's nice. Where did that happen? When did it happen?*

For it to happen in *our* vibrational space, there have to be some waters. We have to bring the waters—our waters. You may think that is an odd way to speak about human experience, but how else are we going to speak about what we are doing together vibrationally when the world is pretty much ignorant of it? You have to find some way. The interaction of four elemental forces is a good way to speak about it, actually.

There are all the waters of consciousness, including the waters of the heart. They have to be brought into this place by each of us, here in the room and around the world. Did you bring in the waters of the heart today, available, participating in this process?

We could participate some other way, I suppose—in a distant kind of way, in a skeptical kind of way, in a withdrawn kind of way. *No waters*. Let's bring the waters. Something can happen if the waters are present through us. They are present despite us, but that doesn't do much good in the field in which we participate. They should be here because of us, because we are each bringing the waters. My waters are here today.

And then something else has to happen. The Spirit of God has to move on the face of those waters. There has to be something entering the waters. The Spirit of God is love, and love is a fire.

Love is a fire. That's the other part of the story of the movement of the four forces. Emissaries know that movement as water, air, earth, fire. But the rest of the beginning of the story is *it's not just water*. There is something happening in the water, and at the beginning of the cycle that has to do with the activation by fire. So I am bringing my fire today. Are you bringing your fire for

these waters? Light them up. Fire them up. We have to have steam to power the creative process.

There has to be the Spirit of God moving on the face of the waters—not just in theory, not just someplace else, not just in the invisible—in our human experience. We have to be willing to bring the waters. We have to be willing to bring the Spirit of God—the fire—to move on the face of the waters. This is the fire of the highest love and us, bringing it down, in and through ourselves. It takes courage, I do believe, for a person to dare to bring the highest love that they know and bring it into the waters in their field—to their own heart and to the hearts of other people. That is Day One. And there is light because of it.

The next step in the creative process is the introduction of a firmament in the midst of the waters. There is a word we don't use very much anymore, *firmament*. It means the *vault of heaven* essentially, which relates to air and consciousness. Realizing we can't just have waters—even if they are warmed—sloshing all over the place. There has to be conscious awareness holding a space. This is the elemental force of air at work in the waters. We are holding a space for each other. We are holding a space for this collective that we are engaging in. This is the firmament.

Is it somebody else's space or is it your space? Are you owning this space, holding this space, holding the people in it, holding what's happening in it?

Space isn't vacuous. It doesn't have to be anyway. This space is rich and full with conscious awareness, full of light. In that space, something can happen. There is movement in this space. There is Creation.

We all have the ability in consciousness to hold the world that is our world. Hold the world of those people on the Hollywood Squares on Zoom. Hold each other in the room here. *You are held safe in my consciousness.*

And then something else happens on Day Three. Up till now, we have had fire and water and then air, but no earth. Remember at the beginning, the earth was without form and void. There was darkness on the face of the deep. There was the deep, the unformed, and nothing manifest. But something needs to manifest, and that happens on Day Three in the creative process. And it is said that the waters are gathered together.

The waters are gathered together. What does that mean? It means that emotionally, we can't forever be flowing all over the place. It is wonderful to just flow emotionally, but something needs to be grounded. And for it to be grounded, our emotional body—the waters of our emotional body individually and collectively—have to be gathered together in one place. We have got to *get it together* so that we can land something in form.

The description in Genesis is beautiful. It is an amazing piece of ancient sacred scripture. It talks about all kinds of living plants, *whose seed was in itself.*

What is that saying to us? At a physical level, that's literally true, of course. For the plant world, the seeds of the next plant are in the parent plant. It's true also in the animal world. The seeds of the children are there in the parents in the animal world.

Isn't it true that a woman is born into the world with all the eggs that she'll ever have? The seeds of the next generation are in us at a physical level. But here we are not just talking about that

physical level. We are talking about the fact that the pattern of life in this process of landing something in the earth is present with us. We don't have to go looking for it someplace else. It is within us. The seeds of a new culture are right with us, and available to us.

We have to be in the process of landing something and learn to rely on those seeds, on that pattern that's within us individually, but also within us as a collective body of people. Or else, what? We are wandering around not knowing what to do, hoping for the manual if we have not come to Day Three in the creative process.

The seeds are within us. When we realize that, we come into an assurance in what we are doing. And then we have the will to land Creation in form.

Form is an interesting thing. Water flows. It is a fluid. Air is fluid, too. It does not have a specific shape, though they might take the shape of whatever container they are in—a bowl, a pond basin, or a balloon. But physical form is not like that. We don't just flow all over the place physically, we have definition. It's this, not that. And so, it is in what we create together.

Keahi Ewa's *New Me Alight Alignment Attunement Card* program could have been a lot of things. It could have been forever an idea in her head, forever a feeling in her heart. It could have been two sessions or eight sessions. But for it to land, it has to be a *this*. We are doing *this*. That implies that there is direction to it. There's a pattern to it. There is a dominion over what is being created that guides the form it will take.

Here is where it gets tricky for us as human beings. You might want to do it differently than I want to do it. So, what we are learning is that it is worth finding the seeds of Creation and

planting them together so that what we manifest takes shape and dimension, and is full of life—so that it is a living form.

Do we have a living form? If we are following the path of Creation, then we find there is an aliveness to what we are sharing, not only in what is manifesting in form, but in what is happening vibrationally among us. It is alive. We are alive. And the seeds of Creation are in what we are sharing.

That is a picture on the Third Day of Creation. We are here to allow life to flourish. When Uranda was here, at some point he said that he saw where they were at that time as Day Three, allowing something to happen at that level of what was being created. They were allowing a vibrational body to form and then a physical body to come together.

Today, we are a physical body of people, we say *made of many members*, here at Sunrise Ranch and online. But there is also a vibrational body. There is a vibrational body that we are creating, sharing, and it has life as it is created. And we are contributing to that Creation and then enjoying the life of that body to whatever degree that we are. That is unusual in the world in which we live.

When we think of culture, we might think of all the outer elements of culture—media, government, the arts, and so many other things. But there is an element of culture that has to do with habits of consciousness and ways of thinking about ourselves and functioning as ourselves. In the culture of today, there is a deeply ingrained habit of feeling separate.

So, if you don't know any better, you just live like that. Isolated. Vibrationally isolated. And you can mix it up a little bit socially, but still be

vibrationally isolated. We are here to be a vibrationally contributing member of society, so that we are in the vibrational field, in the vibrational body, contributing to it, alive; and aware.

Yes, I am an individual. But I am not separate. I have the joy of being part of a vibrational body. From the perspective of world culture, that's weird. It could even be seen as cultic.

If anyone says that, here's what I would say in reply: *No, you're weird*. It's weird to be separate. This world culture is weird. It's not true. We are not separate. We are not made that way as humankind. We are here to declare a culture of oneness. That's a nice concept, a nice idea, a lofty goal. But I am not speaking of it just as that. I am speaking of being part of one thing together as a reality. So today, as always, we have the opportunity to enter that reality more fully, to let go of our forgetfulness.

We each have a different life story, with things that happened to us along the way. Maybe we mark a day of some kind of spiritual awakening. Do you have a day like that in your life? *The day I woke up*. I do. For me, it was early on. I was eighteen. So, before I entered world culture fully as an adult, something else happened. I have been in the culture of the world, smack dab in the middle of New York City and so on. But I was in it as a conscious person, bringing something consciously into it, not embedded in it. So, I never got embedded in the culture in the way it often happens for people. That's just how my life went. And so, from my perspective, when I say separateness is weird, I mean it's always been weird to me.

How about you? If this world culture is reality, we are all in trouble. I declare something else is reality. Reality is reality.

People love to point the finger at others and accuse them of not fitting in. No, we *are* fitting in. But it is a question of what we are fitting into. We are fitting into the divine pattern. We are fitting into Reality, knowing ourselves as Reality together and enjoying that.

What time is it? There is the time on the clock. What day is it? We just had Mother's Day and we're coming up on Memorial Day. But what day is this?

The Psalm says, *This is the day which the LORD hath made*. Perhaps that points to the reality that there is a day and a time that is not about human culture. What time is it in your life? For some of us, we might think it is late in the day. But what time in your life is it? And how would you mark that time?

I say, it's time to be alive. It's time to create. It's time to do what everything in me tells me my life is about. It's a time of joy, of victory, a time to share the greatest love I know with other people, a time to share awareness together, a time to declare our oneness, our vitality, our creativity.

It's time. Or would that be some other time that you want to put it off to? No, it's time. Today is the day. *This is the day which the LORD hath made*. This is the day.

So, let's bring all the parts of ourselves, wherever they are hanging out, in whatever subconscious states or cultural edifices, or in any absence of awareness. Let's take all those parts of ourselves and bring them into the present here together. Let our waters be gathered together in one place that the dry land can appear, not just as us physically together, but something solid in the vibrational structure of what we are sharing with the pattern of Creation in it—something alive that contains the seeds of life. Good to be aware of those seeds of life with you.

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