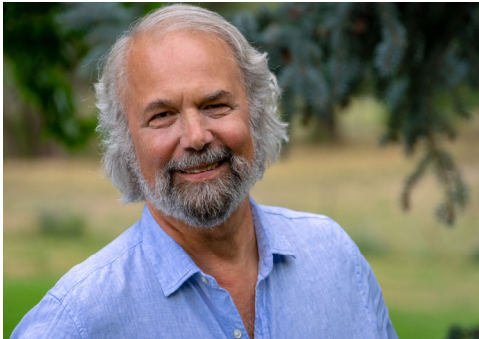


PULSE OF SPIRIT  
JANUARY 24, 2024



**DAVID KARCHERE** *is a speaker and workshop leader who assists people to renew their Primal Spirituality—an experience that virtually all human beings know at birth, and that ideally grows as they mature.*

Attunement is an energy medicine practice and a consciousness practice. The Attunement process relies on the velocity experienced by the practitioner. Velocity is more than speed. It is the speed of something in a certain direction. We can imagine an object moving at a high speed but zig-zagging, not with a high velocity.

The Attunement current has to move if it is not to become stagnant. And it has to find where it is meant to land. It has to have velocity.

So consider *velocity* related to the spiritual energies that move through the field of human consciousness and culture. Consider the power of Love you sometimes feel from someone. Or consider the uplifting, inspirational energy you might feel from another person. Think of a time when someone's understanding and compassion made a difference in your life. A spiritual

energy moved, so there was speed involved. But it moved in a direction—to you. Those two elements created the spiritual velocity that impacted you.

What is it that empowers a person to bring spiritual velocity? Primarily, it is their openness to the source of spiritual energies within them. When that openness is present, the energies enter the person. They land in the person's capacity, and if that person will let them, they overflow and find a place to land in the world. The person's conscious relationship with the world creates a pathway upon which those energies flow.

The emotional body plays a vital part in the process. Our heart-openness toward the source of spiritual energy allows it to enter us. And our emotional connection with the people and other living things of our world is necessary for spiritual energies to reach them

from us. This is part of our conscious relationship.

We live in a consumer society, increasingly so. People sell cars, appliances, electronics, and so much more. Our culture develops more and more ways of addicting people as consumers.

Today, people sell themselves on social media. And it's all made available to us online. It's not surprising that consumer consciousness affects people's approach to their own happiness and spirituality. They want to get something good into themselves—some peace, tranquility, empowerment, and knowledge.

A consumer approach to spirituality doesn't work, mainly because it fails to take into account how we are made and how life works. Life is a fountain. It circulates. Spiritual energies enter us but are not meant just to sit there in a stagnant pool. We are made as human beings to let those energies flow to other people and our world.

A consumer approach to our happiness and fulfillment attempts to bring positive spiritual energies into us—more Love, more Light. But if the energies that have already landed in us are not flowing through to our world, the new energy has no place to land.

If you want to know more Love and Light, try this. Share the Love and Light you already have with other people. That will likely create a vacuum if you keep it up. You may even feel spiritually exhausted. But nature abhors a vacuum, and so does the source of Love and Light inside you. So if you open to it, it will fill you again. If what you share is

holy, the vacuum you create will draw down a holy flow from inside you.

This creates spiritual velocity. You are a fountain, and your waters are flowing.

Think of your physical body. It is a fountain. The blood flows from the heart. And it has flow with some velocity, or there is trouble. The blood returns and the heart is filled again and again.

What does it mean for Light to flow through us as a living fountain? It means that we shed Light on other people. We see them for who they are.

Sometimes, we can become so accustomed to the people we see every day that we don't really see them. Our light has gone dim. I just read Karen Armstrong's excellent book *Muhammed: A Prophet for Our Time*. I learned how Muhammed was from a poor family and how he was orphaned early in life. When he shared with his clan what had been revealed to him, they scoffed. *Who was this young man whom they had known as an orphaned boy to claim he had received messages from God?* As Jesus said, *A prophet is not without honour, but in his own country, and among his own kin, and in his own house.*

Today is a good day to see the prophets of *our* own house, among *our* kin, and in *our* own country. That could increase the spiritual velocity in our own experience.

There is a cycle to this flow. The *lub-dub* of the human heartbeat is almost instantaneous. Other cycles in a human life are much longer. There is a time to receive and a time to give.

There are cycles of growth to maturity and cycles of service to the world.

Where are you in your cycle? Is there something for you to receive deeply into yourself? Something to give? Service to offer?

As it is said, there is a moment when the time is ripe. And if that opportunity is not taken, the fruit can spoil on the vine.

There is a cycle in a human life. We don't expect a young child to become incredibly fruitful and productive in life and make an immediate major impact in the world. There is a time to learn, to grow, and to awaken. And then there's a time to use the capabilities we've developed and to be of service in our world.

I used to be a good middle-distance runner. I could run a race with good velocity. Not so much anymore. But I have a greater capacity for spiritual velocity than ever. How about you?

Keahi Ewa, Marilyn Manderson, and I spent last week at Edenvale, an Emissary community outside Vancouver, British Columbia. The community is in the middle of rebirth—a most exciting time and a delight to be part of.

As we sat in a circle, person after person spoke of how they could serve the community and the world. We watched the fabric of community being woven right before our eyes. We saw prophets among us. And you could feel the spiritual velocity entering the heart of each one.

May we all have an experience of rebirth now. May we experience spiritual velocity because something bigger than us all flows through and finds what it is looking for in human hearts and minds.

May we bring Attunement to the world.

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