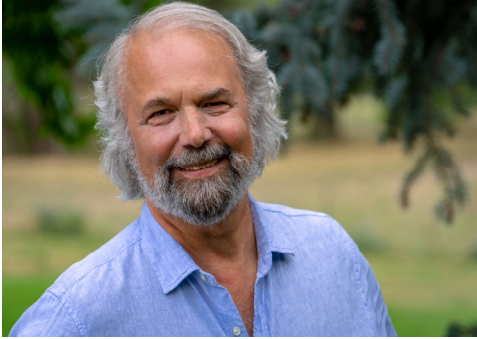


BRINGING ATTUNEMENT TO THE WORLD

PULSE OF SPIRIT
MAY 24, 2023



DAVID KARCHERE is a speaker and workshop leader who assists people to renew their Primal Spirituality—an experience that virtually all human beings know at birth, and that ideally grows as they mature.

I am bringing Attunement to the world. That is my passion. Perhaps that is true for you too.

I am devoted to bringing the practice and the teaching of Attunement to the world. But beyond that, I am devoted to bringing the *reality* of Attunement, the *experience* of it. As a spiritual community, that is our devotion. It is my delight to bring this commitment to the surface of consciousness.

Recently, we have had the pleasure of introducing Attunement at many levels to people we have met in South Africa and in the United Kingdom. We stayed with William and Naomi Duffield at their home, Bella Vista, on the south coast of England, in Dorset. They organized an *Introduction to Attunement* evening event. And at some point, Naomi thought there might be five people attending. But then she sent a message to a *WhatsApp*

group of women who swim all year round in the English Channel, announcing the event. Others heard about it too, and we ended up with about 25 people in a small meeting room at Bella Vista. As I put it at the time, it felt like we were attending a crowded cocktail party. We included about 25 people online. I know those attending are unlikely to forget the experience anytime soon.

Last Thursday, Karen Pritchard and I drove to Worcestershire, familiar to us Americans as the home of the famous sauce. We held a one-day *Healing Chant* event at a farm and event center, The Fold, a place Tessa Maskell introduced me to years ago.

Eighteen people attended, almost all of whom had not experienced *Healing Chant* before. They were initially cautious. Throughout the day, I taught the foundational building blocks for bringing a

healing influence through their voice and hands—how to offer Attunement in that way. At the conclusion of the time, someone asked me why I had not told them in advance what it was all leading to. What he didn't realize was that they wouldn't have known what I was talking about if I did.

It was a powerful day. And it was an opportunity to work through people's caution and wariness. *What's going on here?*

Gradually, they had an experience of Attunement. When that happens, it is hard to argue with. You know the truth of it, and it is delightful and invigorating. I could pull out scientific studies about the power of prayer and the vitalizing effect of chant. But after a day of *Healing Chant*, our bodies were on fire—full of love, passion, and vigor. And highly oxygenated, for sure. We had a firsthand experience of the results of being in Attunement. And we formed a little community of people for the day, having this experience of what we call *Healing Chant*.

Healing Chant, as I practice and teach it, is something I created while chanting with others. But I developed it mostly myself. And right now, I am not sure that there is anyone else conducting *Healing Chant* sessions when I am not there. I wonder, *How can I share the leadership of this wonderful practice?*

People have resistance to experiencing something wonderful. And Attunement is wonderful. To bring Attunement to the world, we have to do something about the self-active mind—the mental tendency to

let fearful, negative thoughts dominate the human experience.

Human consciousness is like a garden. Attunement allows the sun and rain to grow the garden. But self-active thoughts close a person off to elemental energies. The soil where seeds can sprout and grow turns hard. And then the only thing growing is weeds instead of luscious fruits and vegetables. And there has to be some loosening of the ground to break up any hardpan and let moisture enter the soil.

This might sound like an abstract metaphor for what happens for people worldwide. But it becomes far more than that if you are introducing people to Attunement and Healing Chant. You have to assist people to trust the process enough to experience something that is of great value to them. It takes wisdom, courage, and love to let that happen.

I am thinking about us as a community of servers—servant leaders who are bringing a precious gift to the world. And I am thinking about what I wish for us as we take on this great work. I wish for us *power*. Not worldly power. I wish for us the power of love.

That is what I wish for each of us—the power of love rocking this community. The power of love resonating between us, loud and clear and strong, so that it moves us—our bodies, voices, and hearts. It reverberates in the worlds we inhabit—the love we share rocking the world.

Let's raise the vibration of love that we know. Not by human effort—there is no way it happens that way. Let it rise in us

and express itself through us as individuals and as a community, so that when any one of us is present, when any one of us speaks, they carry the reverberation of us all. They bring the love that is rocking this community.

I wish for harmony. And to have that, there has to be conscious harmonization—a conscious, deliberate effort to work in harmony together. We have to harmonize how we are doing things. We have to learn from each other and learn collectively to allow wisdom to increase. We are on that journey. It is a learning journey, a harmonization journey, and a wisdom journey.

Learning takes humility. It is the humility to be directed by a higher wisdom, not the wisdom of our independent self-active mind but the wisdom of a higher knowing, the highest wisdom available to us. That is pretty important, is it not? We cannot settle for a lower understanding. That is true for each of us individually, and it is true for us together.

Relative to any collective creative endeavor, the highest wisdom is specific to the task. So is the person through whom that wisdom is present. Who that person is might change, depending on the endeavor.

It is not as if no one else has wisdom to bring. We all do, and sometimes the highest wisdom comes from unexpected places. But still, a group's chances for creative accomplishment are much better when it honors the people who bring the highest wisdom for what they are undertaking.

I have friends who are highly accomplished fine artists. If I were taking on an art project, I would want someone like them to lead it. At Sunrise Ranch, we have a construction project we are undertaking. We found an architect and an engineer to plan the project.

Humility is the beginning of wisdom. And there has to be the humility to listen to the highest wisdom in the room. It's not that the rest of us put our minds in neutral or take another person's thoughts without thinking ourselves. But certainly, if there is someone who has the highest wisdom in the room, they are worth listening to, learning from, and harmonizing with.

Whether it is a solo or a collective project, sometimes the highest wisdom is plainly evident, and the guidance it gives us is explicit. In some way or another, life tells us, *Do this!* Other times, the wisdom needed to be successful is far more subtle. Life sometimes hints more than instructs. It teaches us and gives us subtle clues. So we have to listen to those subtle clues and follow them out. We have to harmonize with the highest wisdom showing itself in our own awareness or within whatever group of people we contribute to. We have to let it teach us.

This is what is happening for us as we bring Attunement to the world. And it has to. We have to listen to all the subtle clues that life gives us in all the things that we do, so that we can be not only full of love but full of wisdom and intelligence. That starts with following the guidance we receive that is plain and explicit. And if that doesn't happen, the project is dead in the water, at least for the person not

following that guidance. If we do not even take the direct guidance that comes to us, we do not get to the subtle clues.

The world is desperately in need of the highest wisdom. There is an explosion of information and intelligence, artificial and otherwise. And there are all kinds of knowledge available in the world. But is the highest wisdom available? Is it seen, heard, received, and known?

And what is the highest wisdom for us as humankind? Knowing who we are, why we are here, and what we serve. Without

that wisdom, all the rest of human intelligence doesn't bring us harmony and abundance.

Attunement brings the knowledge of these things. It is attuning to the power of love and the highest wisdom available to the human experience.

I celebrate this spiritual community that is bringing Attunement to the world.

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