

# The Power of Our Words

**Pulse of Spirit**

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**DAVID KARCHERE** is a speaker and workshop leader who assists people to renew their Primal Spirituality—an experience that virtually all human beings know at birth, and that ideally grows as they mature.

SECE FOSTER:

I have learned in my life, through practicing affirmative prayer, that something profound happens when we center in the place of Love, allow Spirit to enter in, and speak from that place. When we do that, we are speaking as Spirit. We are saying, *I am that reality.*

Whenever you are *I Am*-ing anything, you are claiming it for yourself. You are bringing it into Creation, especially when those *I Am* words have emotion and energy behind them.

These words are from a talk delivered in 1952 by Uranda, entitled “The Creative Value of Words.”

*Why has our program not moved ahead any faster than it has? Because there has not yet been a deep enough, vital enough, realization of the importance of the words that are spoken; for every word which carries any feeling whatsoever is a creative word. If it is a*

*feeling of anger, fear, suffering, or of any other ill thing, then it is creative of that which is spoken. If you have ill conditions, by all means use your capacities to create more ill conditions! Isn't that sensible? By all means let the words of your lips and the feelings of your hearts destroy what has been built and create more problems, difficulties, obstacles!*

The sarcasm stings. *Go ahead, use those words! Use them to mess things up.*

The truth is when we become more and more conscious we become more and more aware of the power of our words. If we are made in the image and the likeness of the Divine, and we are, *the Word was with God*—it is with us as a creator. *The Word* is vibration. We have its power in us. So our thoughts and feelings are vibrating. When the heart and the mind come together and speak from a place of Love and Creation, magic can happen.

I have seen so many profound demonstrations of prayer that show the power of the Word.

If you look around in our culture, you can observe the *unconscious* words spoken. Take a look at social media and all the hurtful and destructive use of words that goes on there. Perhaps you come across a dramatic scene where people scream at each other and call each other names. You can feel it in your body.

*Next post, please!*

For myself, I want to become even more aware of how I am speaking in my day-to-day life. Even more importantly, I ask myself, *How can I bring the power of the Word to my world even more? Even more!*

There is no doubt in my mind that something amazing would happen if I did. Can you imagine what kind of magic could happen on this planet if we really spoke words of power, words of Creation, together, in unison?

What would happen if we opened ourselves more and more to speak words of Creation, Love, and truth?

DAVID KARCHER:

Tony Robbins says this about the power of our words:

*Throughout human history, our greatest leaders and thinkers have used the power of words to transform our emotions, to enlist us*

*in their causes, and to shape the course of destiny. Words can not only create emotions, they create actions. And from our actions flow the results of our lives.*

At one level, speaking is a physical act. We use our vocal cords, lungs, lips, and tongue to produce words. But the significance of our words is born from levels beyond the physical.

The part that thinking plays in speaking is obvious enough. When I coach people in speaking powerfully, I remind them that the quality and depth of their thought is an essential factor.

But if someone's words have only physical and mental components, and lack feeling, we are probably not listening very long. Like hearing the college professor who drones on and on, we tune them out.

We have the opportunity to invest our words with emotion—with passion, excitement, and Love.

Brian Mullen is part of our Sunrise Ranch community. If you meet him walking around our campus, you get a big *Hello!* And through how he says it, he lets you know that he cares about you. And that he wants to uplift your day.

We all have the opportunity to fill our words with emotion that reaches out to other people.

Beyond the physical, mental, and emotional components of speech, we have the opportunity

to invest our words with our spiritual experience. We can let a vibration move through our thoughts and feelings, to be embodied by the words we speak. Our spiritual experience can fill our words with a higher wisdom, a higher Love, and the energy of life reverberating in the physical space.

Martin Cecil said this about the process:

*Human beings are inclined to imagine that somehow or other the purposes of God are going to be fulfilled by physical means. Now, there is physical action. There is physical action in the spoken word, but it is the formation that is given to pneumaplastm through the spoken word that reproduces itself physically. It comes forth into manifest expression in the true creative cycle.*

The word *pneumaplastm* names the human energy field we inhabit. It is a field that responds to consciousness. And so, our spoken word can activate that field, for better or for worse.

We share this human energy field with others. If a person speaks into the field, it has the potential of bringing spiritual activation. Their words can set in motion powerful vibrations moving through the field.

What a magical ability we have with our words! It is so often underestimated, taken casually, and used haphazardly, so that random forces are unconsciously

introduced into the human energy field and into human culture.

Did you see the slap heard 'round the world at the Oscars? On the one hand, you had a standup comic who used his words in a certain way. There was a smile from a second person. Then a third person—the wife of the second person—gave a look. And then, the second person went up and physically assaulted the first person, sat back down, and used more words that put an angry energy into the space.

Words, a smile, a look, a physical assault, and more words, all in the space of one minute.

Isn't that how it goes in the human experience? There is the subtlety of what people put into the human energy field. Words, a smile, a look. Then there are acts, destructive at times. It is often not apparent how the subtle expression of words, attitude, and feeling gets into the space.

Have you ever been with a group of people when suddenly the atmosphere changed? You notice that two people are not getting along—they have gotten grumpy and angry. And you are thinking, *What happened? Whatever it was, I didn't even see it!*

Yes, it is a word, a look, some more

words—maybe not a slap or any kind of physical assault—but damage is done to the human energy field you share with other people. You sense it vibrationally. The space feels different.

*What just happened?*

The Spirit of the Womb is a name for the wonderful ability we have as human beings to enfold and embrace what comes to us—to create a space where new life can be conceived. The Spirit of the Womb establishes a place in us that welcomes the conception of Love. We can hold this space for ourselves, and we can create this kind of space collectively.

Most often, the nature of the vibrational space people hold is a mix. To some degree, the Spirit of the Womb is present. But then there is an unconscious tearing down of what is growing in the space, or an erosion of the space that should be the Spirit of the Womb but isn't because of unconscious function. The Spirit of Barrenness appears, and things cannot grow.

Then people wonder, *What is happening? Why does it feel like it does around here? Why are people acting as they do? Why isn't anything growing?*

Some words, a look, more words... All the subtlety of human interaction that affects the space.

Uranda put it this way:

*Words are spoken that may be designed to be creative words of unity, of strength, of peace, but always there are other voices, selfish, self-centered voices that are creating a void; they create misunderstanding, distrust and fear.*

I have often thought this: *If every human being was perfectly centered spiritually, and one person spoke a destructive word, it would not really matter.*

If we all kept our spiritual centering, then that would nullify the negative words of that one person, and they would not influence anybody. I think of that at Sunrise Ranch, the community where I live. If everybody at Sunrise Ranch were perfectly centered spiritually, then it would not matter if one person came along and said something destructive.

And so, in my heart, this is what comes up in the face of destructive words from someone. *Come on, people, let's stay centered, despite this.*

Here I am, doing my best as a community member to inspire spiritual centering and Love and create the Spirit of the Womb. And then someone drops a destructive word into it, and what happens? So often, people do *not* stay centered. There is reaction all over the place.

Then the rest of us have the job of rebuilding. The destructive words spoken and the reaction to them have eroded our efforts up to that point. To some degree, our work comes to no avail, and now we have to redouble our efforts. We have to help people to be more centered. We have to build the Spirit of the Womb—the spirit of home—once again. We rebuild and rebuild and somehow fortify ourselves against the destructive influences of words that people speak. We have to use *our* words creatively to inspire and uplift, to bring compassion, joy, creativity, and spiritual centering.

The Spirit of Barrenness is what appears when the Spirit of the Womb is eclipsed. And how is it eclipsed? By fear.

Fear is a reaction to all the destructive influences of the world in which we live. Those influences are prolific and pervasive. It is extreme in Ukraine right now, and the Ukrainian people are called upon to stay centered in the middle of extreme circumstances.

Thank God that the influences are not that extreme for most of us. Nonetheless, there are destructive influences near and far. There are people near to us who do not know what it is to stay spiritually centered and bring a creative influence. And then there is all that is happening on the world scene.

In the face of the destructive influences around people, many let the Spirit of the Womb be eclipsed by fear. That sets in motion something terrible in the human experience. Because if the Spirit of the Womb is not there, what is the implication of that? The most immediate and terrible implication is that that person cannot receive Love. If there is a Spirit of Barrenness, the Spirit of the Womb has been eclipsed by fear in a person's heart, and there is no space in which Love can be welcomed in. And they can try to be loving; they can pray to God as much as they want. They can meditate. But if the person's spirit is barren, they do not have the necessary quality of human experience to receive Love. And if you cannot receive Love, you do not have Love to give.

What good is a human life if a person cannot know Love? If they cannot share Love? It is meaningless.

Love, in all its forms and its many colors, is the meaning of life. Where there is an experience of barrenness, Love is eclipsed. We have softer words for that experience, like *resentment* and *bitterness*. Ultimately, the shadow state of Love is h-a-t-e.

Fear creates barrenness. And barrenness eclipses Love in the human experience.

When a person knows the Spirit of the

Womb, they receive a download of Love, and within that download is the power and pattern of the universe. Divine Presence is known.

That person can then invest their words with that reality—with presence and the ordering power of Love. Love is then reordering the conscious energy field in which they live.

This is the power of our words.

I invite you to use your words to bring the power of Love to the space we share

by writing in the comment section of this [Pulse of Spirit blog online](#).

And if you want to explore the power of your words more deeply, join Secce Foster for her 4-part course, *Unleashing the Superpower of Prayer*. To enroll, [click here](#) if you are already a member of the Becoming a Sun Programs and [click here](#) if you are not yet a member.

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