

EVOKING THE POWER OF ATTUNEMENT

PULSE OF SPIRIT

DECEMBER 9, 2020

The words of this week's Pulse of Spirit were transcribed from an online Attunement Conference just held at Sunrise Ranch: Evoking the Power of Attunement. They evoke the spirits of four of the major endocrine glands in the human body: the Spirit of Blessing through the pancreas, the Spirit of the Single Eye through the adrenals, the Spirit of Life through the thyroid, and the Spirit of the Womb through the pituitary.

Enjoy the exultant tones of this evocation.

Tom Cooper



Blessed are the poor in spirit: for theirs is the kingdom of heaven.

Blessed are they that mourn: for they shall be comforted.

Blessed are the meek: for they shall inherit the earth.

Blessed are they which do hunger and thirst after righteousness: for they shall be filled.

Blessed are the merciful: for they shall obtain mercy.

Blessed are the pure in heart: for they shall see God.

Blessed are the peacemakers: for they shall be called the children of God.

Blessed are they which are persecuted for righteousness' sake: for theirs is the kingdom of heaven. (Matthew 5:3-10)

And today, we continue with these beatitudes:

Blessed are those who suffer and all those who care for them.

Blessed are all those at Sunrise Ranch, at Edenvale, at Riverdell, at Gate House, in Europe and Israel and North America and everywhere.

Blessed are those in harm's way.

Blessed are those whom we each know, who need our blessing.

May we take a silent moment now to each think of someone who needs our silent blessing, our caring love, in this moment of peace. Please bring someone to consciousness as we say, “Blessed be.”

Bless all those who provide medicine and energy medicine.

Blessed be all families and those seeking family.

Blessed be all those who have lost their homes and all those longing to come home.

Blessed be all those who seek to lead nations, states, cities, towns, congregations, hospitals and peoples.

Bless those who contain and extinguish fires.

Blessed be all Thy creation, all plants, all animals, all living beings.

Blessed be the bodies and hearts of all those seeking healing.

Blessed be all those who have given us their blessing and all those seeking our blessing.

Tom Cooper (Swampscott, MA)

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Keahi Ewa



‘O ‘Oe ‘Io e makualani. O Source of all Being, Heavenly Mother and Father, I invoke Thee. I invoke Your vision. May we see with Your eyes, through Your heart, beyond what we see in front of us. May we see all beauty, all abundance. May we see beyond despair. May we witness Your light in all things. May we find safety in this knowing.

I summon a greater awareness for all humanity, guided by You, as we learn to let go and let be, have faith in Thee. May we stay steady in this comfort. May we plant ourselves in this moment, yet allow the branches of our trees to flow and bend, dancing this beautiful dance called life that You have given us. I evoke the spiritual medicine of the Single Eye. May it free our minds and fill our hearts with passion for each moment, for each breath. *Ha!* Ever so grateful for this magical, magical experience. *Mahalo!*

Keahi Ewa (Sunrise Ranch)

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Howard Goodman



There is a river of life moving in this current amongst us; rich and deep and strong is its flow. I evoke the energetic currents and the presence of the Spirit of Life. So, join me in evoking this great Spirit of Life that would course through us if we would only let it have free reign.

O great Spirit of Life, I call You to come to us in this place. Fill us with Your vitalizing presence. Feel our hearts filling with the energy of Your presence and beginning to sing. We feel the joy of singing the exuberance of Your vital presence, filling and spilling over into the space of minds and filling our physical bodies. You fill all of us now with Your extraordinary gift. We receive the gift of being alive.

Let us call to our brothers and sisters to hear the call of life: *Come! Awake! Live! Let go of the graveclothes, of that which is passing away, being dealt with graciously by Life itself. Wake up, world! Wake up, people of the world! Join us in the surge of life birthing itself, shaping new splendor of Creation.*

As we let the ecstasy of simply being alive *have* us, we can feel the heartbeat of the planet's own drum. Feel the heartbeat of this beautiful Earth, this living orb, pulsing, pulsing, moving through the universal space of Being. We feel the heartbeat of our planetary drum, the rhythmic pulsations of Your Great Spirit, beating in our hearts, in our bodies, filling us with awe and wonder.

We celebrate the dance of life. We bring forth truth and beauty from our Beloved, springing forth into new forms of Creation. Wonders never cease in this garden of eternal Being. We exult in You, O great Spirit of Life. Glory be! Let the glory live in and through us for the sake of our world and all who we love.

Howard Goodman (Cape Town, South Africa)
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Jane Anetrini



I hold this space and evoke the Spirit of the Womb, the place where Love enters in and is held so that life might be born. It is the place where wonders form. It is a place of safety and protection. It is the place that holds the presence of heaven.

As I evoke the Spirit of the Womb in myself, I see it in you. As I hold the space of safety for you, I hold the space that is true for all you hold in your world.

In the midst of the warm and fertile space of the Spirit of the Womb, Love comes so we may know wonders and miracles and joy. They are only called miracles because we have forgotten how easily they happen.

The Spirit of the Womb holds us. It holds all things sacred and safe until they are ready to be spoken, ready to be birthed, ready to be shared. It holds our heart and our mind. Consciousness becomes an instrument for powerful penetration and transformation.

This is a place of warmth, a space of completeness, a home where life's processes are held safe. The Spirit of the Womb is, of itself, complete so that life may unfold within it, revealing the patterns of the Invisible. This is the fertile place where the design of Being may be born through the life current present in you and me. As we participate in this together, humanity is transformed and the planet is reborn.

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