

A PRAYER OF LOVE FOR THESE TIMES

PULSE OF SPIRIT
MARCH 30, 2020

As we hold a vigil for humankind with spiritually awake people the world around, we are issuing a daily Pulse of Spirit for the next several days. We are quickening the pulse.

Each one will radiate our collective love and light for a world experiencing transmutation at the most profound level. Thank you for being part of this radiance.

~ David Karchere



Janet Johnson is a speaker and a teacher of Body Awareness classes and the Power of the Mind to Heal workshops and seminars. She has been a Certified Hypnotherapist since 1992. Janet has lived at Sunrise Ranch since 2018.

As we are facing these fear-filled times, I want to reference Psalm 91:

He that dwelleth in the secret place of the most High shall abide under the shadow of the Almighty.

I will say of the Lord... my God; in him will I trust.

Let's take a deep breath, breathing in not only air but Divine Spirit, Life... One more deep belly breath. Fill it up, take it up into your heart space and let it go. Letting go of all the things on the outside, turning to the inside as one more big belly breath, into the

heart and then up into the Eye of Providence, where we see with our inner eyes and hear with our inner ears, and feel and sense the presence of Almighty God.

I know that I am one with this God. I often say, "I am one with God," but I am not one *with* God; I AM God! I AM the Almighty Mighty Spirit! And everyone reading these words knows this to be the truth of themselves as we go into that holy place inside, where only *we* can dwell in the house of the Lord, that secret place, that inner closet, where we open our hearts and feel the Love that we have for this Divine Life. And we open our minds to know

that there is a perfect Divine pattern right here, right now, in everything. There is only unity. There is no dualism; there is no separation. There is only God, only this Divine energy.

I know that this energy is my fortress, that this Divine Life and Love that is within me has a keen desire to express through me, and I let it. I go into that wonderful imaginative mind that I have, full of visions of a better life, a better way, knowing that the highest vision that God can give me is full of Love and goodness. And as the promise in Psalm 91 says, “Neither shall any plague come nigh thy dwelling.” I know that this Life energy force in me cannot be penetrated by anything from the outside. The only way it can be disturbed is through my mind and my heart. And right now, I open up to the Truth of me, and I love that the essence of me cannot be touched. As the Bhagavad-Gita says, *Fire burns it not, water wets it not, wind blows it not away.* It is an ever-becoming, infinite blossoming into more.

And so, I turn away from the fear that is in the outside world, to the faith that I have in knowing and

being who I am. I give grateful thanks that this is the Truth of me and that there are millions around the world who are opening and becoming this true Self—no separation, only unity. I give great thanks that every one of us is taking our light into our corner of the world, only knowing God, only seeing God.

We send these words forth, knowing that they will not come back to us void, for we are speaking Truth, we are knowing Truth. And through that Eye of Providence, we see into the world, the light lifting humankind up out of this darkness. We radiate through our hearts and our minds the Truth of who we are, and let it be. Giving much thanks, we let it go and trust. And so it is. Aum-en. Aum-en. Aum-en.

Janet Johnson
jjohnson@emnet.org
Sunrise Ranch
March 22, 2020



EMISSARIES
OF DIVINE LIGHT

*To receive a weekly e-mail with The Pulse of Spirit, send an e-mail to emissaries@emnet.org
Donations to Emissaries of Divine Light are welcome.
To make a contribution to assist in our work, please visit www.emissaries.org*

Copyright © 2020 by Emissaries of Divine Light